



Faranhaz Ghudrati

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Her Story

Faranhaz is of Iranian origin. Her husband had to leave Iran because of his political positioning. They arrived in Switzerland in 2002 with their 4 children. Farahnaz couldn't find a job, and the EVAM offered her to train as a kitchen helper. After 4 ½ years in Switzerland, Faranhaz's husband was able to go back to Iran. Faranhaz refused to go with him, and stayed in Switzerland with and for her 4 children.

Iranian Catering

Background

It was very difficult for Faranhaz to become integrated in Switzerland, learn a new language and adapt to another culture. She subsequently suffered from health problems, and was affected by depression. Her son was able to help her for some time but he is now very busy with his job. Faranhaz had the idea to launch a catering service to turn her skills into a source of income.



«I love cooking.
It is my passion.»

Her Project

Faranhaz contacted Alter Start in 2018. Her initial project was to set up a catering service offering Iranian specialities such as potato pancakes, lentil soup, vegetarian dishes and deserts. During 6 months, she successfully sold her products on the market in Lausanne, and clients showed great interest. Unfortunately, Faranhaz has no car and was therefore unable to manage the transport of her goods by herself. Furthermore, she fell ill again and thus had to temporarily interrupt her activities. Today, she is well again and has decided to continue her project.

«Alter Start means precious help and careful consideration to me; and even though my project is on hold, I still come because I feel valued and welcome.»

